

*Arise Chiropractic Wellness Center, LLC*  
Dr. Lisa M. Hinkle – Dr. Angela Grove  
Debbie Couture, LMT – Kathy Anderson, LMT  
605 North Bentz Street, Suite 103  
Frederick, MD 21701  
301-662.4220

DATE: \_\_\_\_\_

NAME: \_\_\_\_\_  
(FIRST) (MIDDLE) (LAST)

NICKNAME: \_\_\_\_\_  
(IF DIFFERENT THAN ABOVE)

SPOUSE'S NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

HOME PHONE #: \_\_\_\_\_ WORK PHONE #: \_\_\_\_\_

CELL PHONE/PGR #: \_\_\_\_\_ SEX: \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE

EMPLOYER: \_\_\_\_\_

TYPE OF WORK: \_\_\_\_\_

NAME & PHONE # OF EMERGENCY CONTACT: \_\_\_\_\_

RELATIONSHIP TO PATIENT: \_\_\_\_\_

REFERRED TO THIS OFFICE BY: \_\_\_\_\_

FAMILY PHYSICIAN: NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ FILE NO. \_\_\_\_\_

Massage History/Treatment Information

Have you ever received a professional massage? \_\_\_\_ Yes \_\_\_\_ No

If yes, frequency: \_\_\_\_\_

Date of last massage: \_\_\_\_\_

For what primary reason are you seeking massage therapy? \_\_\_\_\_

\_\_\_\_\_

Are you currently seeing a medical practitioner? \_\_\_\_ Yes \_\_\_\_ No

Doctor's Name: \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

May we contact this doctor? \_\_\_\_ Yes \_\_\_\_ No

List regular exercise activities, including frequency: \_\_\_\_\_

Health History (Do you have or have ever had the following):

AIDS/HIV ____	Blood Clot/DVT ____	Cancer/Tumor ____
Chronic Fatigue Syndrome ____	Diabetes ____	Dislocated Joint ____
Fibromyalgia Syndrome ____	Heart Disease ____	Hepatitis ____
Lupus ____	Neuropathy/Numbness ____	Stroke ____
Bruise Easily ____	Chronic Headaches/Migraines ____	Other Autoimmune Disease: _____

If you have checked off any of the above, how long ago were you diagnosed, what treatment or therapies are you currently undergoing? \_\_\_\_\_

\_\_\_\_\_

Please list all medications you are currently on: \_\_\_\_\_

\_\_\_\_\_

Please list all surgeries in your lifetime: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Phone 301-662-4220 ~ Fax 301-662-8195

**TO OUR MASSAGE PATIENTS:**

We offer four massage appointment times and fees. They are as follows:

For a 30-minute massage our fee is \$55.00  
For a 45-minute massage our fee is \$65.00  
For a 60-minute massage our fee is \$80.00  
For a 90-minute massage our fee is \$115.00

All fees are to be paid at the time services are rendered. We accept cash, check, Visa, Master Card and Discover.

**\*\*PLEASE NOTE\*\*** There is a 24-hour cancellation notice is required for all appointments that cannot be kept. If an appointment is missed, you will be charged the full fee of the scheduled appointment time.

If you feel that you are coming down with an illness, please take care of yourself and reschedule. You should feel better for three full days before coming in for a massage. *No matter how minor your cold or flu may seem, it can be aggravated by massage, and you may potentially spread your illness.* You will not be charged for less than 24-hour notice in these circumstances.

It is my choice to receive massage therapy. I realize that the treatment is being given for my well being of my body and mind. This includes stress reduction, relief from muscular tension, spasm or pain, or for increasing circulation or energy flow. I agree to communicate with my practitioner any time I feel like my well-being is being compromised.

I understand that massage practitioners do not diagnose illness, disease or any physical or mental disorder; nor do they prescribe medical treatment, pharmaceuticals, or perform spinal manipulations. I acknowledge that massage is not a substitute for medical examination, and that it is recommended that I see a primary health care provider for diagnosis of conditions.

I have stated all medical conditions that I am aware of and will update the massage practitioner of any changes in my health status.

I have read and understand the above terms:

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

**CONSENT TO TREATMENT OF MINOR CHILD**  
Arise Chiropractic Wellness Center, LLC

I hereby authorize \_\_\_\_\_, LMT, to provide massage therapy to my son/daughter.

Dated this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_.

Signed: \_\_\_\_\_

Witness: \_\_\_\_\_